### REGISTER NOW

# **HIKE LEDYARD**

A free hiking challenge sponsored by Ledyard Parks & Rec Dept and the Ledyard Conservation Commission



# What is Hike Ledyard?

Hike Ledyard is a challenge to hike 14 trails in Ledyard. It's free to register, and anyone can participate.

#### How do I register?

Register online through the Ledyard Parks & Rec Dept website, <u>www.ledyardrec.org</u>

#### How do I track my progress?

Track your progress on your own. There's a Hike Ledyard Trail List available online. To mark a trail as complete, you can hike, visit, or pick up trash from any part of the trail. All abilities are welcome to participate.

(Optional: You can also share your progress with others. Take a picture of yourself on the trail, and share it in the "Hike Ledyard" Facebook group or on social media with the hashtag #HikeLedyard.)

### What's the prize?

Once you have completed all 14 trails, you've earned a free "Hike Ledyard" iron-on patch. You also get a free "Hike Ledyard" sticker just for registering. Pick up at the Ledyard Parks & Rec Office.

## Where can I find maps and parking directions?

Trail maps for all 14 hiking areas and the Hike Ledyard Trail List are available at <u>https://www.ledyardct.org/152/Trail-Maps</u>. Parking directions can be found on the Hike Ledyard Trail List.

# **How it Works**

STEP 1. Register for the Hike Ledyard Program

**STEP 2.** Hike or visit all 14 hiking areas on the "Hike Ledyard" Trail List.

STEP 3. Congratulations! You've earned a "Hike Ledyard" patch.

For More Information For trail maps, a trail info sheet, and a trail checklist, please visit:

www.ledyardct.org/152/ Trail-Maps